

JUDY MILTON YOGA / COVID-19 Release of Liability & Waiver

Name: _____ Phone: _____

Home Address: _____ Zip: _____

Email: _____ Date of Birth: _____

Emergency Contact: _____ Phone: _____

Emergency Contact Relationship: _____

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and the CDC. COVID-19 is extremely contagious and is believed to be spread mainly from person-to-person contact. As a result, federal, state and local governments and federal and state health agencies recommend social distancing of six feet and have limited the number of group gatherings.

PROCEDURES FOR ATTENDING JUDY MILTON YOGA OUTDOOR CLASSES

I understand that to participate in outdoor yoga classes with Judy Milton Yoga I will be required to observe the following guidelines:

- * Wear a face mask upon entering the designated yoga space, before and after class, while gathering your things. Face masks will be removed during class.
- * Class size is limited to 10 students.
- * Please sign up for class. No drop ins.
- * Maintain social distancing of 6 feet the moment you enter our space, and throughout class. Mats will be spaced 6 feet apart.
- * Proper hand washing and hand sanitizer use.
- * If you are not feeling well, please stay home. If you have a fever, please stay home.
- * If you have been exposed, please stay home.
- * If you are in a high risk category, please stay home and stay safe.

RISK OF LIABILITY

I understand that the risk that I may be exposed to or infected by COVID-19 is my sole responsibility and Judy Milton Yoga waives all liability as aforementioned best practices will be followed. I release all liability from Judy Milton Yoga from actions, omissions or negligence of myself and others, including, but not limited to, Judy Milton Yoga, teachers, employees, volunteers, and participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability and death), illness, damage, loss, claim, liability or expense, of any kind, that I may experience or incur in connection with my attendance or participation in Judy Milton Yoga events and/or services.

I hereby release liability and hold harmless Judy Milton Yoga, it's teachers, employees, agents and representatives from all liability, claims, actions, damages, costs, or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any claims based on actions, omissions, or negligence of Judy Milton Yoga, it's teachers, employees, agents and representatives, whether a COVID-19 infection occurs before, during or after participation in any Judy Milton Yoga activity.

I understand my responsibility is staying home when ill, informing Judy Milton Yoga of an expected or confirmed case of COVID-19 exposure, maintaining proper hygiene, and following proper social distancing and face mask procedures when attending Judy Milton Yoga classes and services.

Signed: _____ Date: _____

Print Name: _____